

# Seachem Planted Aquarium Dosing Calendar

Day of the Week	Product	Dose
Day 1	Flourish	1 cap per 60 US gallons (240 L)
	Flourish Excel	1 cap (5 mL) per 10 US gallons (40 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Phosphorus	1/2 cap per 20 US gallons (80 L)
	Flourish Nitrogen	1/2 cap per 40 US gallons (160 L)
Day 2	Flourish Trace	1 cap (5 mL) per 20 US gallons (80 L)
	Flourish Excel	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Advance*	1 capful (5 mL) per 20 US gallons (80 L)
Day 3	Flourish Potassium	1 cap (5 mL) per 30 US gallons (120 L)
	Flourish Excel	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
Day 4	Flourish Trace	1 cap (5 mL) per 20 US gallons (80 L)
	Flourish Excel	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Phosphorus	1/2 cap per 20 US gallons (80 L)
	Flourish Nitrogen	1/2 cap per 40 US gallons (160 L)
	Flourish Advance*	1 capful (5 mL) per 20 US gallons (80 L)
Day 5	Flourish Potassium	1 cap (5 mL) per 30 US gallons (120 L)
	Flourish Excel	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
Day 6	Flourish	1 cap per 60 US gallons (240 L)
	Flourish Excel	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Iron	1 cap (5 mL) per 50 US gallons (200 L)
	Flourish Advance*	1 capful (5 mL) per 20 US gallons (80 L)
Day 7	Prime	Use 1 mL per 10 US gallons (40 L) to dechlorinate water
	Alkaline Buffer	Use as necessary to establish desired pH and KH
	Acid Buffer	Use with Alkaline Buffer as necessary to establish desired pH
	Equilibrium	Use as necessary to establish desired GH

\* Use Flourish Advance daily for first ten days, then every other day